

creative outdoors

nnas * bel * hill & mountain walking

LEVEL 3 IN BASIC EXPEDITION LEADERSHIP

BRONZE NATIONAL NAVIGATION AWARD

SILVER NATIONAL NAVIGATION AWARD

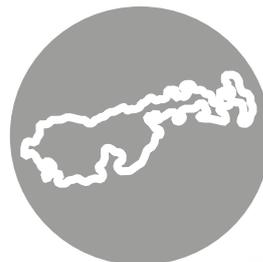
HILL SKILLS

WILD CAMPING SKILLS

COMPLETE HILL SKILLS

GUIDED WALKS

DUKE OF EDINBURGH



NORTH DOWNS WAY



SOUTH DOWNS WAY



SNOWDONIA



LAKE DISTRICT



you CHOOSE

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	PER PERSON	PER COURSE		PER PERSON	PER COURSE
BONZE NNAS	£140	£840	COMPLETE HILL SKILLS	£320	£1800
SILVER NNAS	£160	£960	GUIDED WALKS	£50	£250
LEVEL 3 BEL TRAINING	£480	£4320	DofE TRAINING	£70	£420
HILL SKILLS	£150	£800	DofE PRACTICE	£90	£540
WILD CAMPING SKILLS	£150	£800	DofE ASSESSMENT	£70	£420

Bronze National Navigation Award is two day practical hands-on award. It is aimed at people with no navigation experience whether you are new to the outdoors or have been relying on others, guidebooks or easy well-defined routes. It is also the starting point for many Duke of Edinburgh students, scouts and guides and cadets who are looking to develop their outdoor skills. NNAS Bronze award is accredited by the Scottish Credit & Qualifications Framework (SCQF) at Level 4, and 2 SCQF credit points are awarded on completion. The syllabus of the Bronze National Navigation Award teaches navigation in the countryside using paths tracks and other linear features. Basic map interpretation and compass work is also included. For a full syllabus of the Bronze National Navigation Award please [click here](#). The minimum age for this course is usually 14 years old.

Silver National Navigation Award is a two day course that develops the navigation skills acquired at the Bronze level. It adds skills required to navigate to features and places some distance from paths and tracks. It teaches accurate compass work. It will also teach you to select the suitable navigational techniques to cross open country. Silver National Navigation Award courses are taught in areas with access to open country and involve periods where you'll be navigating away from paths and tracks. For the full syllabus of the Silver National Navigation Award please [click here](#). The minimum age for this course is usually 14 years old.

Hill Skills is a two day course designed to take your walking skills from Lowland Country into mountainous terrain. The rewards for making this leap are a more challenging environment, more exhilarating views, more complex navigation and a chance to experience the mountainous areas of the UK. It will include navigation training up to Silver NNAS level but will also concentrate on the safety, equipment and planning requirements specific to summer mountain walking. Equipment can be provided if you require. The minimum age for this course is usually 14 years old.

Complete Hill Skills is a five day course that takes in the skills included on the Hill Skills and Silver NNAS courses but allows you important practice time, in different types of terrain and scenarios, to ensure your new skills are committed to memory. The course will also include an overnight wild camp to enable you to experience a night under the stars. It is ideal for anyone that is new to walking, a keen lowland walker or a mountain walker looking for more guided experience alike. All equipment can be provided. The minimum age for the course is 16 years old.

Wild Camping Skills is a two day course designed for the confident day walker that needs the skills and experience to stay out in the hills overnight. Although navigation will form an element of the course the main focus is on the skills of planning and preparing an overnight expedition, the equipment required to ensure you are safe and comfortable, how to site a wild camp and the etiquette and rules that will allow walkers in the future to experience wild camping. Equipment can be provided if you require. The minimum age for this course is usually 16 years old.

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Guided Walks are an excellent way to experience a new route or mountain, complete a personal challenge with the help of qualified support, meet new and like-minded people or experience something new as a family. Your skills can improve with the help of our experienced instructors and the day can be as structured as you wish them to be. Equipment can be provided. The minimum age is usually 12 years old.

As a DofE Approved Activity Provider we can provide training, practice expeditions and assessed expeditions for groups and individuals. We can run bespoke courses for a DofE group or provide open courses for individuals. All equipment can be provided and those who attend our training courses will also receive the Bronze National Navigation Award as a minimum.

Level 3 in Basic Expedition Leadership is a nationally recognised qualification from Sports Leaders UK that trains and qualifies Teachers, Youth Workers and other members of the community to lead walking groups in lowland countryside, impart the knowledge and skills needed to undertake a day walk, have responsibility for the care of others while leading a day walk in lowland countryside and plan and lead overnight base and mobile camps. It is the minimum qualification required by some Operating Authorities for those wanting to train and lead groups in the expedition section of The Duke of Edinburgh's Award scheme. On completion of the course candidates will be qualified to lead DofE expeditions at Bronze and Silver level on terrain that is within the remit of the qualification. The Mountain Training Association include the Level 3 Certificate in Basic Expedition Leadership on the qualification matrix in the National Guidelines for Climbing and Hillwalking Leaders and the National Navigation Award Scheme recognise it as a suitable qualification to be able to deliver the Bronze award.

The Level 3 Certificate in Basic Expedition Leadership is split into three sections: Training which takes place over 4 weekends where you will receive training in legal responsibilities and insurance, selecting personal and group equipment, navigation including adverse weather, poor visibility and night navigation, instructional techniques for the outdoor environment, expedition planning and organisation, planning and preparation, leadership, conservation and access, camp craft, weather, hazards and risk assessments, emergency planning and procedures and remote group supervision.

A period of consolidation must be completed before returning for assessment where you should complete 30 hours demonstration of leadership and log a minimum of 8 day walks of at least 6 hours duration (planned and led by the candidate) and complete an evidence portfolio.

When a candidate has completed their consolidation and demonstration of leadership and feel ready, they can then book onto an assessment weekend which takes the course of a two day overnight camping expedition during which time candidates are assessed on the areas covered during training.

The course is open to anyone who has an interest in leading groups in the outdoors and is a minimum age of 18 years old.

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